



**SRBS**

Bombay Suburban Art & Craft Education Society's  
SHEILA RAHEJA SCHOOL OF BUSINESS MANAGEMENT AND RESEARCH  
Raheja Education Complex, Kher Nagar, Opp. Chhatrapati Shivaji Ground,  
Bandra (E), Mumbai – 400 051

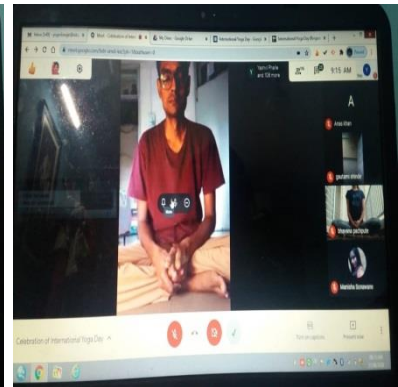
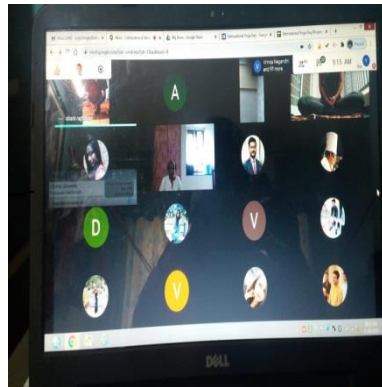


Date: - 21<sup>st</sup> June, 2020

## INTERNATIONAL YOGA DAY

In view of the worldwide pandemic scenario of COVID-19 outbreak, the NSS unit of Sheila Raheja School of Business Management and Research (SRBS) celebrated online International Yoga Day as per the guidelines issued by AICTE, MHRD and Ministry of Ayush. Institute celebrated the 6th International Yoga Day on 21st June 2020 with the theme of "Yoga at Home, Yoga with Family".

Yoga guru, Art of Living teacher Ishank Raghupate sir demonstrated different Yoga asanas to spread the message of fitness through yoga. Almost 140 participants took advantage of this online celebration and benefited by E certificate for their participation. It was celebrated online on Google Meet with Directors, Principals, Ex-students, Students, teaching and non-teaching staff of L. S. Raheja School of Architecture, Sheila Raheja Institute of Hotel Management and other colleges affiliated to University of Mumbai. Even some participants were from adopted village, Shelampada, District Palghar. Snaps of online celebration of International Yoga Day are as below:



Dr. Yogesh Ingle,

Program Officer-NSS Unit



For Sheila Raheja School of Business  
Management & Research

Director